

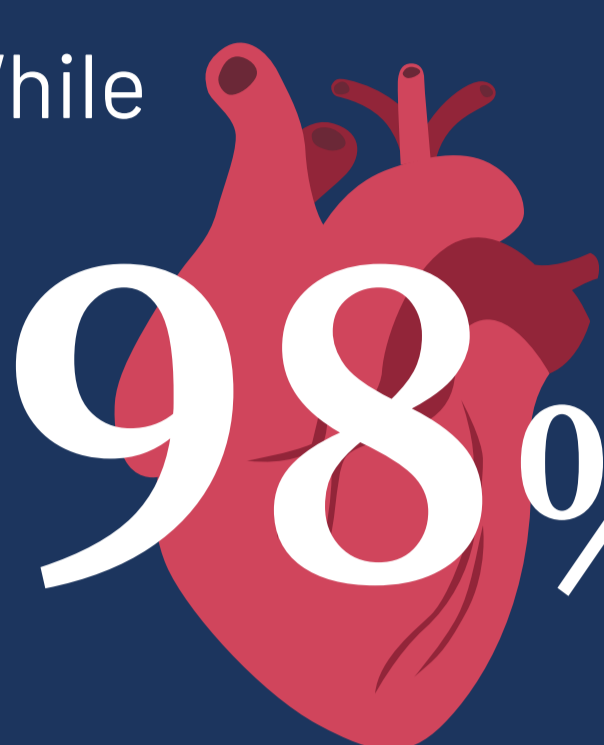
Understanding the Risks



Not everyone has the same understanding about their cardiovascular disease (CVD) risks

While

98%



of heart disease patients feel at least somewhat knowledgeable about the risk factors of heart disease

Only

40%



feel very knowledgeable

64%

of people with heart disease report that it runs in their family



52%

of people with heart disease report that someone in their family has suffered a heart attack

yet

Only

36%

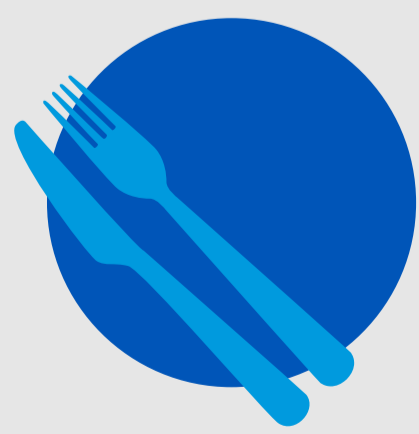
of heart disease patients take "good care" of their health:

47%



report being overweight

54%



make sure to eat healthy foods on a regular basis

46%



exercise regularly